

IBPF 2021 YEAR



A WORLD OF HOPE, RESOURCES, AND SUPPORT



46 million people, or roughly **2.9%**, are diagnosed with bipolar disorder worldwide.

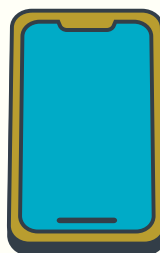
In a time of isolation, International Bipolar Foundation has empowered and strengthened individuals living with bipolar disorder and their families through our online connections. The extensive growth of our community proves the importance of the free resources and education that we provide to foster wellness.

OUR CONNECTIONS IN 2021

WITH OVER **1,023,695** HITS,
WWW.IBPF.ORG

IS A CENTRAL PLATFORM THAT HAS PROVIDED

SUPPORT TO INDIVIDUALS AND FAMILIES FROM OVER **194** COUNTRIES AROUND THE WORLD.



OUR SOCIAL MEDIA COMMUNITIES TOUCHED

14.5K ON INSTAGRAM

19.8K ON TWITTER

244.3K ON FACEBOOK

REACHED OVER **6 MILLION** USERS

OUR WEBINAR SERIES EDUCATED OVER

200,000

VIEWERS WITH OVER

2 MILLION IMPRESSIONS



WE SHARED **154** ACCOUNTS OF LIVED EXPERIENCES ON OUR **BLOG**, FROM OVER **75** UNIQUE BLOGGERS

OUR HEALTHY LIVING WITH BIPOLAR DISORDER BOOK GUIDED OVER **2,500** PEOPLE ON THE PATH TO WELLNESS BY PROVIDING

440 HARD COPIES, **707** KINDLE EDITIONS, AND **1,389** PDFS.



1,865 YOUTHS GRADUATED FROM OUR MENTAL HEALTH AWARENESS PROGRAM



Financial Expenses



Contact Us & Get Involved

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